

# Health Improvement Board

## Minutes of Meeting held on 26 March 2009

(1.00pm – 3.00pm)

The meeting was held in the Carliol Room, Civic Centre

### Present:

Danny Ruta	- Director of Public Health - Newcastle PCT (Chair)
Edward Graham	- Community Voice (Vice-Chair)
Linda Williams	- Community Voice
Roger Mould	- NCVS
Tony McKenna	- Head of Leisure Services – Newcastle City Council
Stephen Savage	- Director RS + PP

### Apologies:

Helen Lamont	- Deputy Director of Nursing and Patient Services - Newcastle Hospitals Trust
Chris Drinkwater	- Voluntary Sector Rep
Ruth Abrahams	- Voluntary Sector Rep
Nick Forbes	- Community Action on Health
Paul Bamber	- Divisional Manager - Working Age Adults Planned Care Services, NTW Trust

### In Attendance:

David Rumney	- Adult Services Directorate
Helen Wilding	- Wellbeing & Health Partnership
Roger Mould	- NCVS
Stephen Savage	- Director of Regulatory Services and Public Protection
Lynda Seery	- Public Health Lead for Alcohol

Item		Discussion/Decision
1.	<b>Apologies for Absence</b>	Apologies for absence were received and noted above.
2.	<b>Declarations of Interest</b>	The declaration of interest was acknowledged by all members present.
3.	<b>Overview of JSNA Website</b>	Danny gave a live demonstration of the Newcastle JSNA website. The website can be found at <a href="http://www.newcastlejsna.org.uk">www.newcastlejsna.org.uk</a> and has been a large project between the PCT and the Local Authority. Each section has

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		<p>been limited to 15 pages to ensure only the relevant information is present. Each topic has a designated author who reviews the information before it is published onto the website. Each topic also links to all related documents from a variety of sources. Each section of the site is updated at least once a year and as the site develops the date each page was last updated will be displayed.</p> <p><b>Action: Roger to include JSNA website in the NCVS Bulletin.</b></p>
4.	<b>Full Item: Alcohol</b>	<p>Stephen Savage gave a presentation update on the progress of the Alcohol Delivery Group. Danny noted that ideally one member from each delivery group should be in attendance and therefore asked whether in future Stephen should be the Alcohol representative.</p> <p>Stephen noted that the development of a regional alcohol office (Balance) is in progress and will deal with many aspects of Alcohol related issues.</p> <p>Balance will be dealing with issues such as minimum price for alcohol, happy hour code of practice and duty free regulations.</p> <p>Linda Williams asked whether Balance would be making contact with all of the involved groups and partnerships.</p> <p>Many of the issues identified have connection with culture and a cosmopolitan approach may be a viable solution.</p> <p>Stephen confirmed that the targets within the dashboard document were pre-recession.</p> <p><b>Action: Stephen invited to join Health Improvement Board. DR</b></p> <p><b>Action: David to arrange copies of Alcohol Strategy for next meeting.</b></p> <p><b>Action: Next Alcohol update 6 months.</b></p> <p><b>Action: Traffic lighting targets on quarterly basis. HW/LS</b></p> <p><b>Action: Alcohol Strategy Delivery Board to be aware of all spending. SS</b></p>
5.	<b>Update Item: Overweight and Obesity</b>	<p>Tony was happy to note that the Obesity group has a high level of commitment from the voluntary and community sector.</p> <p>The 19 page strategy and wider action plan are being refined as time goes.</p>

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		<p>The national Change 4 Life campaign is currently not showing very positive signs and has been affecting local projects of the same nature by causing confusion within communities.</p> <p>There has been discussion within schools and the community on developing fitness programmes designed to provide exercise that will get children breathless for 20 minutes as is advised. There have also been discussions with regeneration on developing green spaces to allow the opportunity to exercise around the home.</p> <p>The major aspect of the plan is to promote exercise as safe and enjoyable to encourage people to take up activities.</p> <p>The strategy is to be refreshed imminently and will be published ready for comment in 6 months. The action plan is being implemented and the first traffic light report will be ready in June.</p> <p><b>Action: Go to consultation for official sign off in May.</b></p> <p><b>Action: Continue to implement action plan with a traffic light update in 6 months.</b></p> <p><b>Action: Updated action plan with more detail to be presented with Full Item.</b></p>
6	<p align="center"><b>Health Improvement Board Forward Plan and meeting format</b></p>	<p>Helen presented the forward plan and described the format for future meetings.</p> <p>Helen briefed the group on the expectations of each item in detail and what the terms full item and update item meant in terms of presentations and reports.</p> <p>It was noted that Voluntary Community Service Reference Group have made some comments that will be incorporated.</p> <p><b>Agreed: The forward plan was agreed by the board members present.</b></p>
7.	<p align="center"><b>Information Item</b></p>	<p>Health Profile for Newcastle (Info only)</p>
8.	<p align="center"><b>Minutes of meeting held 4 November 2008</b></p>	<p>The minutes of the previous meeting were tabled. The minutes were agreed as an accurate record subject to the following updates.</p> <p>Page 3, The feedback on the Action Plan has now been agreed.</p>

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		<p>Page 3, NI 138.</p> <p>Helen informed the group that there is now a national methodology using Police and Probation data to measure this indicator.</p>
9.	<b>Any Other Business</b>	<p>Community Voice is unsure of how they sit in the future with regards to board membership. It was asked if the expertise each member possessed would be sufficient to ensure a place on the board.</p> <p>Linda raised an issue relating to National Womens Day on 11March and that all attempts to get any representation from the PCT were unsuccessful and wondered if there was any advice could be offered.</p> <p>Danny noted that this issue is being looked and will hopefully be resolve in the future.</p>